

CHIT AND CHATTER

DATE: 7th February - 20th March
TIME: Fridays 1:30pm - 2:30 pm
COST: \$3 Per Session

Come along and chat with other members of the community. Have a chat about current events, entertainment or anything that interests you!



LEGO CLUB

After school activity.
 Bookings essential,
 contact us for more details.

TAKING GOOD PHOTOS WITH YOUR SMARTPHONE

DATE: 11th - 19th February
TIME: Wednesdays
 10:00am - 12:00pm
COST: \$70

Learn how to take stunning photographs with your phone!

EDITING DIGITAL PHOTOS WITH FOTOR

DATE: 12th - 19th February
TIME: Wednesdays
 10:00am - 12:00pm
COST: \$70



ADULT'S CHESS CLUBS

DATE:
TIME: Wednesdays
 10:00am - 11:30am
COST: \$10 per session

Come along and spend a morning socializing and making new friends while playing chess!

Contact admin@chessideas.com.au to register your interest in Adults or Children's Chess Classes

CHILDREN'S CHESS CLUBS

DATE: 6th Feb - 26th Mar
TIME: Tuesdays and Thursdays
 5:30pm - 7:30pm
COST: \$15 per session

Bring your children to learn chess! We have beginners and advanced classes.

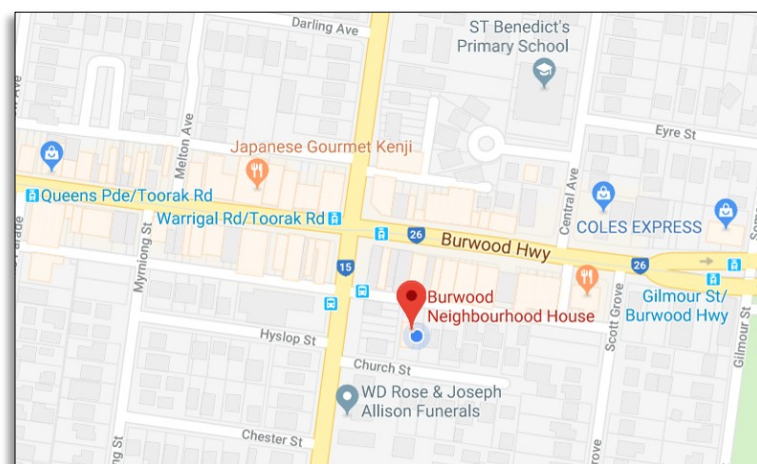
ABOUT US

Burwood Neighbourhood House is a community resource that strives to provide a place where people in the area can find new interests and links in the community.

We are located at **1 Church Street, Burwood, VIC, 3125**


Office hours: Monday-Friday 10am - 3pm

Visit www.burwoodneighbourhoodhouse.com.au for even more classes, class times, a digital brochure download, enrolment form downloads, news and updates.



 **9808 6292**

 **BURWOODN@BIGPOND.NET.AU**

 **903 or 766 Bus**
75 Tram

Melways Ref:
60 H6



JOIN US ON FACEBOOK AND INSTAGRAM!!

<https://www.facebook.com/Burwood.Neighbourhood.House.Victoria/>
<https://www.instagram.com/burwoodneighbourhoodhouse/>



Classes Term 1 2020 | 28th January - 27th March

No classes March 9th due to Labour Day

ART CLASS

DATE: 6th Feb - 26th Mar
TIME: Thursdays 1:00pm - 3:00pm
COST: \$128 **Early Bird \$88**
 Come along and learn how to create a magnificent masterpiece.

ST. PATRICK'S DAY LUNCH

DATE: Tuesday 17th March
TIME: 1:00pm - 2:30pm
COST: \$16

BOOKINGS ESSENTIAL!

Come and enjoy a delicious lunch with great people and make new friends in your area.
 Come wearing something **GREEN!**



CHILDREN'S ART CLASS **NEW!**

DATE: 5th Feb - 25th Mar
TIME: Wednesdays 4:00pm - 5:00pm
BOOKINGS ESSENTIAL!



SOCIAL CRAFT

DATE: 1st Monday of the Month
TIME: 12:00pm - 2:30pm
COST: **FREE!!!**

Do you love crafting and getting together with friends? Why not combine those activities in this free Social Craft Club?

BOOK CLUB

DATE: 1st Monday of the month
TIME: **Mondays** 12:00pm - 2:30pm
COST: \$3.50 per session.

Come along and discuss great books with like minded friends! We provide a relaxed environment for women to meet like minded women over a cup of tea and share a common passion!

COMMUNITY LUNCHES **NEW!**

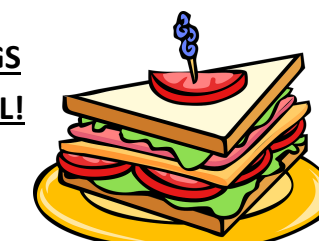
DATE: Every second Tuesday

TIME: 12:00pm

Cost: \$10

Come and enjoy a nice sit down meal and a conversation with people in your local community.

BOOKINGS ESSENTIAL!



COMPUTERS AND TECHNOLOGY:

COMPUTERS FOR BEGINNERS

DATE: Wednesday, Thursday and Friday

TIME: 10:00am - 12:00am

COST: \$15p/h, 3 weeks @ 2hrs per week

Learn all the basics to get you started using a computer



INTRODUCTION TO WORD

DATE: 4th - 18th February

TIME: 10:00am - 12:00am

COST: \$120

Letter writing, sorting documents, creating flyers, etc

Individual sessions available to suit your time and needs, **BOOKINGS ESSENTIAL!*

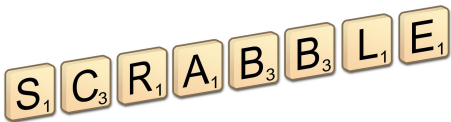
SOCIAL SCRABBLE

DATE: 5th Feb - 25th Mar

TIME: Wednesdays 10:00am - 1:00pm

COST: \$48 **Early Bird: \$28** (8 wks)

Yes, we do have scrabble dictionaries.
Come for the challenge!



MYOB/QUICKBOOKS WORKSHOP

DATE: 19th Feb - 25th Mar

TIME: 7:00pm - 9:00pm

COST: \$120, \$40 for individual sessions

Learn data entry with this home/office accounting program

INTRODUCTION TO EXCEL

DATE: 7th - 21st February

TIME: Fridays
10:00am - 12:00pm

COST: \$120

Individual Sessions \$35/hour

Learn how to set up your budget on a spreadsheet and much more. Small class sizes (max 3)



SOCIAL ACTIVITIES

SMARTPHONE AND TABLET WORKSHOPS

DATE: 19th Feb - 11th March

TIME: 10:00am - 12:00pm

COST: \$40

Find out what your device can do! How to use your camera, save photos to a folder, and lots more.



EBAY/GUMTREE WORKSHOP

DATE: 26th February **OR** 4th March

TIME: 1:00pm - 3:00pm

COST: \$40

Create an account and earn some extra cash for yourself or buy some gifts for family and friends.

CARDS SOCIAL GROUP

DATE: 7th Feb - 20th Mar

TIME: **Fridays** 1:00pm - 3:00pm

COST: \$4 per session

Come along, make new friends and show us your favourite card game!

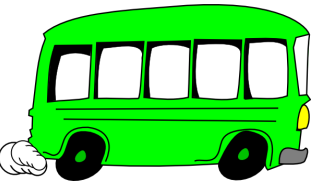


SWAP, SHUFFLE AND SHARE

DATE: 1st Saturday of the month

TIME: 10:00am

Meet up with other Gardeners and share your knowledge, ideas, inspirations and excess produce



ROOM AND HOUSE HIRE

Have your party at our house! We have a kitchen, fridge, oven and microwave, plus outdoor play area, tables, and chairs. We have seating in the main room for up to 50, or in the other rooms for up to 8.

Call 9808 6292 for details or to book.



TAI CHI

DATE: 6th Feb - 26th Mar

TIME: Thursdays 11:30am - 12:30pm

COST: \$88 **Early Bird: \$76** (8 wks)

Improve balance, co-ordination and flexibility

COMMUNITY BUS TRIPS

DATE: 3rd Thursday the month

TIME: 10:00am *SHARP*

COST: From \$20

20th Feb: Salvia Farm, Emerald, \$25
17th Mar: St Patricks day lunch (at the house), \$16

HEALTH/FITNESS:

HATHA YOGA

DATE 3rd Feb Mon - 23rd Mar

TIME: Mondays 9:05am - 10:05am

COST: \$120, **Early Bird \$76** (7 wks)

Stretches focus on the spine which help with flexibility. Strengthen the nervous system, enhance digestion, circulation and respiration. Includes breathing techniques and meditation and relaxation.

EXERCISES FOR FALLS PREVENTION

DATE: 4th Feb - 24th Mar

TIME: Thursdays
1:00pm - 3:00pm

COST: \$100 **Early Bird \$84** (8 Wks)

Recommended exercises by GPs to reduce the rate and risk of falls. Letting you maintain your function, mobility and Independence.

ZUMBA FOR OVER 40s

DATE: 7th Feb - 20th Mar

TIME: Fridays 9:30am - 10:30am

COST: \$128 **Early Bird \$82** (8 wks)

Come and join the party! Fun and fitness.

SOCIAL WALKING

DATE: 6th Feb - 26th Mar

TIME: Wednesdays 10:30am - 11:30am

COST: \$2 Per session

Come and get fit! Enjoy a local walk in a group and come back to the house for tea or coffee.

MAT PILATIES

DATE: 3rd Feb Mon - 23rd Mar

TIME: Mondays 8:30am - 9:30am

COST: \$128, **Early Bird \$92** (7 wks)

Improve flexibility, build strength and develop core control. Helps to achieve greater energy levels balance the body in breathing and the mind.

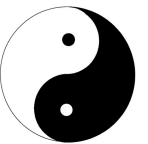
MEDITATION

DATE: 3rd Feb Mon - 23rd Mar
1st and 3rd Tuesday of the month

TIME: Mondays 10:15am - 11:15am
Tuesdays 7:30pm - 8:30pm

COST: \$3.50 per session

Relax and refresh the mind.



STRENGTH TRAINING

DATE: 6th Feb - 26th Mar

TIME: Thursdays 10:00am - 11:00am

COST: \$88 **Early Bird \$76**

Increase energy, improve body strength and fight osteoporosis. Also includes balance and co-ordination